

Stroke patient regains freedom after tongue acupuncture treatments

Stroke once deprived Mr. Chong Yit Soong, aged 75, the freedom to eat, drink, move and even speak.

Speech therapists, physiotherapists and even doctors at a hospital believed old Mr. Chong had little hope of recovery. Even family members prepared for the worst.

However, after receiving tongue acupuncture treatments (“treatments”), he is able to eat, drink and move freely again. He also regains the ability to speak gradually.

Old Mr. Chong suffered from a stroke caused by a blood clot in the brain (ischemic stroke) and was unable to eat, drink or speak before receiving treatments.

In addition, he suffered from medium dementia and Parkinson’s disease previously.

Stays in elderly home after stroke

After getting stroke, old Mr. Chong was confined to live in an elderly home and had to rely on a feeding tube to receive nutritious milk.

To prevent him from removing the tube, his hands were clothed in restrictive gloves. He was either bound to a chair or a bed, hence restricting his movement while contributing to his depression and bad temper.

Free again after treatments

Fortunately, after receiving the 21st treatment, old Mr. Chong was fit enough to get rid of the feeding tube and regained his freedom by going home directly instead of returning to the elderly home.

Treating dementia and Parkinson’s disease

His dementia got even worse after suffering from stroke while his intelligent quotient and behaviour differed little from a three-year old kid. As a result, he had to relearn how to adapt to ordinary daily life.

As dementia and Parkinson's disease were treated at the same time in the treatments, old Mr. Chong regained some abilities to take care of himself, like emptying his bowel, going to the loo and taking shower gradually in the first week going home. His physical strength recovered to near normal level at that time. Sometimes he could react even faster than before.

Eating and drinking ability restored

His ability to swallow saliva restored after the first treatment and he was able to drink water after the second treatment. A few days after receiving treatments, he could take in liquid food.

Walking pace beyond control, hands feeble

Before suffering from stroke, old Mr. Chong would lean forward while walking, tended to walk faster with each pace and could not control his walking pace, with danger of falling on the ground; his hands trembled constantly and he could not use chopsticks. His hands became strengthless due to the stroke.

Walks steadily after treatments, hands nimble

After receiving treatments a few times, his lower limbs became much more nimble and he could walk in a steady pace. His hands regained strength, stopped trembling and became nimble enough to use chopsticks.

Relearns speaking

He regained the ability to speak gradually after a few treatments, like speaking a few sentences clearly sometimes, especially when he got angry. He could follow others to repeat some simple words.

Facial expression richer

When meeting familiar people after the stroke, he could only use limited facial expression to express his feelings with his eyes looking dull.

After treatments, he could use hand gesture, movement or richer facial expression to express his feelings, with smiles often flash across his face.

Drooling and choking improve

Before suffering from stroke, his saliva often overflowed from his mouth and he choked when drinking and eating.

After treatments, he only drools occasionally. He would choke a little bit occasionally when drinking and eating, especially when drinking and eating too quickly.

Urination under control

Old Mr. Chong used to urinate frequently and could not control his urination. After a few times of treatments, he got obvious improvement and could control his urination.

Lucky man in time for right treatment

Tens of millions of people in the world suffer from stroke, dementia or Parkinson's disease (including actor Michael J. Fox). Old Mr. Chong is lucky enough to find the right treatment at the right time, with a chance to recover gradually, instead of staying in an elderly home for the rest of his life in semi-vegetative state.

Tongue acupuncture research offers hopes for the world

Research on tongue acupuncture offers hopes for patients who otherwise could not be treated by traditional therapies while paves the way for quick, effective and economical treatments.

From a family member of the patient
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